

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Girls 100 Meter Dash**

	Name	School	Seed	Finals	H#	Points
Finals						
1	Ramsden, Mary	Palisades		12.49	1	5
2	Robinson, Anna	Palisades		12.96	1	3
3	Omdahl, Abigail	Saucon Valley	13.90	13.34	1	1
4	Odle, Emily	Palisades		13.72	2	
5	Protchko, Callie	Saucon Valley	14.09	13.75	1	
6	Young, Victoria	Saucon Valley		13.99	2	
7	Evans, Jessica	Saucon Valley	15.60	14.87	1	
8	Lake, Morgan	Saucon Valley	15.50	15.06	1	
9	Toolan, Brianne	Saucon Valley		15.24	2	
10	Tascarella, Haley	Palisades		15.46	1	
11	O'Donnell, Yanna	Palisades		16.24	2	

Girls 200 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Ramsden, Mary	Palisades		26.00	1	5
2	Cooper, Lily	Palisades		27.52	1	3
3	Trimble, Elizabeth	Saucon Valley	29.80	28.72	1	1
4	Protchko, Callie	Saucon Valley	30.10	28.78	1	
5	Badman, Ally	Palisades		28.84	1	
6	Omdahl, Abigail	Saucon Valley		29.38	2	
7	Panek, Rachel	Saucon Valley	28.80	30.38	1	
8	Brader, Madison	Palisades		30.40	1	
9	Lake, Morgan	Saucon Valley		33.28	2	
9	O'Donnell, Yanna	Palisades		33.28	2	

Girls 400 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Robinson, Anna	Palisades		1:01.12	1	5
2	Trimble, Elizabeth	Saucon Valley	1:06.70	1:05.94	1	3
3	Ross, Katherine	Saucon Valley	1:11.28	1:06.75	1	1
4	Badman, Ally	Palisades		1:07.68	1	
5	Lysek, Kelsy	Saucon Valley	1:12.28	1:08.34	2	
6	Yeahl, Brittany	Saucon Valley	1:11.70	1:10.40	1	
7	Brader, Madison	Palisades		1:13.91	1	
8	Shulman, Sasha	Palisades		1:16.87	2	
9	Vesdel, Ashley	Palisades		1:19.69	2	

Girls 800 Meter Run

	Name	School	Seed	Finals	Points
Finals					
1	Ross, Katherine	Saucon Valley	2:46.00	2:38.85	5
2	Smiley, Emma	Saucon Valley	2:45.60	2:39.90	3
3	Madigan, Caroline	Saucon Valley	2:45.00	2:39.93	1
4	Lodwig, Annie	Palisades		2:47.00	
5	Colletti, Rachel	Palisades		2:57.10	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Girls 1600 Meter Run**

	Name	School	Seed	Finals	Points
Finals					
1	Greenwood-Chikotas, Elizabeth	Saucon Valley	5:12.22	5:16.72	5
2	Hubner, Allison	Palisades		6:06.37	3
3	Colletti, Rachel	Palisades		6:12.19	1
4	Seipp, Elizabeth	Saucon Valley	6:27.20	6:16.48	
5	McCabe, Rebecca	Saucon Valley	6:39.30	6:29.00	
6	Pason, McKenna	Palisades		6:37.31	
7	Johnson, Briana	Palisades		6:49.48	

Girls 3200 Meter Run

	Name	School	Seed	Finals	Points
Finals					
1	Greenwood-Chikotas, Elizabeth	Saucon Valley	10:40.00	10:54.06	5
2	Hubner, Allison	Palisades		13:41.04	3
3	Seipp, Elizabeth	Saucon Valley	14:54.00	13:48.08	1
4	Zhang, Xin Qiao	Saucon Valley		14:16.08	
5	McCabe, Rebecca	Saucon Valley	15:19.00	14:16.09	
6	Hooper, Casey	Palisades		14:24.09	
7	Pason, McKenna	Palisades		15:07.03	
8	Johnson, Briana	Palisades		15:30.02	

Girls 100 Meter Hurdles

	Name	School	Seed	Finals	Points
Finals					
1	Panek, Rachel	Saucon Valley	17.30	17.34	5
2	Cooper, Lily	Palisades		18.06	3
3	Evans, Jessica	Saucon Valley	20.20	18.43	1
4	Bredbenner, Mackenzie	Saucon Valley	20.28	18.75	
5	Odle, Emily	Palisades		18.99	
6	Schulte, Haley	Saucon Valley	20.80	19.52	
7	Parks, Alexa	Palisades		19.78	
8	Tindall, Dana	Palisades		20.78	

Girls 300 Meter Hurdles

	Name	School	Seed	Finals	H#	Points
Finals						
1	Panek, Rachel	Saucon Valley	52.80	51.10	1	5
2	Parks, Alexa	Palisades		51.40	1	3
3	Cooper, Lily	Palisades		51.80	1	1
4	Bredbenner, Mackenzie	Saucon Valley		56.30	1	
5	Odle, Emily	Palisades		56.70	1	
6	Evans, Jessica	Saucon Valley	57.70	56.90	1	
7	Toolan, Brianne	Saucon Valley	59.10	59.10	1	
8	Tindall, Dana	Palisades		59.40	2	
9	Brogie, Gabrielle	Saucon Valley	59.20	1:00.60	1	
10	Schulte, Haley	Saucon Valley	1:00.60	1:00.80	2	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Girls 4x100 Meter Relay**

Team	Relay	Seed	Finals	Points
Finals				
1 Palisades	A		52.02	5
1) Cooper, Lily	2) Robinson, Anna	3) Badman, Ally	4) Ramsden, Mary	
2 Saucon Valley	A	56.43	55.40	
1) Spirk, Grace	2) Whitman, Kyla	3) Toolan, Brianne	4) Protchko, Callie	

Girls 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Palisades	A		4:22.30	5
1) Ramsden, Mary	2) Badman, Ally	3) Odle, Emily	4) Robinson, Anna	
2 Saucon Valley	A	4:48.40	4:39.50	
1) Madigan, Caroline	2) Ross, Katherine	3) Yeahl, Brittany	4) Trimble, Elizabeth	

Girls 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Saucon Valley	A	10:45.70	10:20.00	5
1) Ross, Katherine	2) Madigan, Caroline	3) Smiley, Emma	4) Greenwood-Chikotas, Elizabeth	
2 Palisades	A		11:19.00	
1) Lodwig, Annie	2) Colletti, Rachel	3) Hubner, Allison	4) Johnson, Briana	

Girls High Jump

Name	School	Seed	Finals	Points
Finals				
1 Parks, Alexa	Palisades		5-00.00	5
2 Codd, Shelby	Palisades		4-06.00	3
3 Sessinger, Cam	Palisades		J4-06.00	1
4 Noonan, Joey	Palisades		J4-06.00	
5 Blanchard, Karli	Palisades		4-04.00	
6 Payung, Nicole	Saucon Valley	4-04.00	4-02.00	
6 Butera, Mackenzie	Saucon Valley	4-02.00	4-02.00	
--- Sinko, Jennifer	Saucon Valley		NH	

Girls Pole Vault

Name	School	Seed	Finals	Points
Finals				
1 Schaffer, Elizabeth	Saucon Valley	6-06.00	J7-00.00	5
2 Volpe, Ashley	Palisades		J7-06.00	3
3 Bartone, Sydney	Palisades		J7-00.00	1
4 Macarro, Lauren	Saucon Valley	6-06.00	6-06.00	
5 Shulman, Sasha	Palisades		6-00.00	
5 Nakajima, Wakana	Saucon Valley		6-00.00	
5 Smeltzer, Megan	Saucon Valley		6-00.00	
5 Vesdel, Ashley	Palisades		6-00.00	
5 Killcoyne, Kathleen	Palisades		6-00.00	
5 Mondschein, Madelyn	Saucon Valley		6-00.00	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Girls Long Jump**

	Name	School	Seed	Finals	Points
Finals					
1	Codd, Shelby	Palisades		14-08.00	5
2	Bartone, Sydney	Palisades		14-05.00	3
3	Spirk, Grace	Saucon Valley	13-06.00	13-11.00	1
4	Sessinger, Cam	Palisades		13-07.50	
5	Zhang, Xin Qiao	Saucon Valley	12-00.50	12-10.00	
6	Viall, Haley	Palisades		12-09.00	
7	Kemmerer, Kenzi	Saucon Valley	12-00.00	12-00.50	
8	Butera, Mackenzie	Saucon Valley		11-10.00	
9	Payung, Nicole	Saucon Valley	11-09.50	11-08.50	
10	Stanell, Catherine	Palisades		11-05.00	

Girls Triple Jump

	Name	School	Seed	Finals	Points
Finals					
1	Parks, Alexa	Palisades		31-04.00	5
2	Codd, Shelby	Palisades		30-01.00	3
3	Killcoyne, Kathleen	Palisades		29-05.00	1
4	Spirk, Grace	Saucon Valley	28-06.00	28-08.00	
5	Koch, Camryn	Saucon Valley	26-01.00	28-05.00	
6	Zhang, Xin Qiao	Saucon Valley	26-05.00	27-08.00	
7	Kemmerer, Kenzi	Saucon Valley	26-00.25	26-00.00	
8	Butera, Mackenzie	Saucon Valley	24-01.25	25-01.00	
---	Blanchard, Karli	Palisades		ND	
---	Bartone, Sydney	Palisades		ND	

Girls Shot Put

	Name	School	Seed	Finals	Points
Finals					
1	Warnke, Katelyn	Saucon Valley	27-07.00	28-11.00	5
2	Kerr, Lauren	Palisades		26-02.50	3
3	Frans, Vanessa	Saucon Valley	26-10.00	26-00.00	1
4	DelGuericco, Trish	Palisades		23-07.00	
5	Williams, Alicia	Palisades		23-05.00	
6	Danko, Emily	Palisades		22-02.50	
7	Samuels, Julie	Palisades		21-11.00	
8	Bredbenner, Mackenzie	Saucon Valley	20-02.00	21-07.00	
9	Chi, Shan	Saucon Valley	21-01.00	18-06.00	

Girls Discus Throw

	Name	School	Seed	Finals	Points
Finals					
1	Samuels, Julie	Palisades		73-06	5
2	Kerr, Lauren	Palisades		71-01	3
3	Frans, Vanessa	Saucon Valley	71-00	68-08	1
4	Rufe, Taylor	Palisades		68-06	
5	Wampole, Paige	Palisades		67-11	
6	Warnke, Katelyn	Saucon Valley	60-09	62-02	
7	Chi, Shan	Saucon Valley	56-06	61-09	
8	McDowell, Mackenzie	Palisades		48-02	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Girls Javelin Throw**

	Name	School	Seed	Finals	Points
Finals					
1	Brader, Madison	Palisades		109-07	5
2	Fleming, Brookelle	Saucon Valley	90-05	92-07	3
3	Volpe, Ashley	Palisades		84-03	1
4	Pason, McKenna	Palisades		71-09	
5	Young, Victoria	Saucon Valley		61-01	
6	McDowell, Mackenzie	Palisades		59-11	
7	Spotts, Jacquelyn	Saucon Valley	40-07	56-01	
8	Panek, Rachel	Saucon Valley		53-00	
9	Shulman, Nicole	Palisades		52-04	

Boys 100 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Creighton, Michael	Palisades		11.68	1	5
2	Ramsden, Devin	Palisades		12.09	1	3
3	Barwick, Justin	Saucon Valley	12.40	12.10	1	1
4	Naiburg, Joseph	Saucon Valley	12.40	12.20	1	
5	Krauss, Austin	Palisades		12.34	1	
6	Culver, Evan	Saucon Valley	12.10	12.41	1	
7	Barwick, Dillon	Saucon Valley		12.46	2	
8	Danko, Jake	Palisades		12.61	2	
9	Snyder, Jesse	Palisades		12.77	2	
10	Surovi, Michael	Saucon Valley	12.94	12.83	1	
11	Cyphers, Patrick	Saucon Valley	13.40	13.11	2	

Boys 200 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Creighton, Michael	Palisades		23.70	1	5
2	Krauss, Austin	Palisades		24.70	2	3
3	Meadows, Allen	Saucon Valley	25.50	24.90	1	1
4	Rodd, Dylan	Palisades		25.10	2	
5	Barwick, Dillon	Saucon Valley	26.90	25.50	1	
6	Naiburg, Joseph	Saucon Valley	26.00	25.60	1	
7	Culver, Evan	Saucon Valley	24.90	25.90	1	
8	Buschmann, Frido	Palisades		28.20	1	
8	Sandgaard, Soren	Palisades		28.20	2	

Boys 400 Meter Dash

	Name	School	Seed	Finals	H#	Points
Finals						
1	Orecchio, Chase	Palisades		55.84	1	5
2	Moyer, William	Palisades		56.06	1	3
3	Cyphers, Kyle	Saucon Valley	58.70	56.93	1	1
4	Reichard, Zachary	Saucon Valley		57.24	2	
5	Holub, Brandon	Saucon Valley	59.90	58.46	1	
6	Barwick, Justin	Saucon Valley		58.65	2	
7	Rodd, Dylan	Palisades		58.72	2	
8	Schanzenbach, Erich	Saucon Valley	1:02.50	1:00.82	1	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Finals ... (Boys 400 Meter Dash)**

Name	School	Seed	Finals	H#	Points
9 Cody, Sean	Palisades		1:01.34	2	
10 Pettegrew, Nicholas	Saucon Valley	1:03.80	1:05.09	2	

Boys 800 Meter Run

Name	School	Seed	Finals	H#	Points
Finals					
1 Moyer, William	Palisades		2:14.37	1	5
2 Gordon, Gary	Palisades		2:14.68	1	3
3 Pazzaglia, Giacomo	Saucon Valley	2:18.00	2:15.87	1	1
4 Kyra, Jarred	Saucon Valley	2:19.00	2:19.40	1	
5 Orecchio, Chase	Palisades		2:20.84	1	
6 Hayduk, Doug	Palisades		2:23.43	1	
7 Thigpen, Rob	Palisades		2:23.81	2	
8 Lansberry, Kaleb	Palisades		2:31.02	2	
9 Eisenhart, Lukas	Palisades		2:38.91	2	

Boys 1600 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Garr, Cole	Palisades		4:59.79	5
2 Kyra, Jarred	Saucon Valley	5:28.90	5:09.09	3
3 Farese, Joe	Palisades		5:11.18	1
4 Carr, Jeremy	Palisades		5:13.29	
5 Smith, Jeremy	Saucon Valley	5:14.00	5:25.94	
6 Thoman, Harry	Palisades		5:35.81	
7 Lansberry, Kaleb	Palisades		5:43.72	
8 Boyd, Zach	Palisades		5:48.72	
9 Brucker, Joshua	Saucon Valley	6:03.00	5:57.88	
10 Holland, Jacob	Saucon Valley	6:09.00	8:08.06	
11 Derr-Haverlach, Michael	Palisades		8:39.97	
12 Bloom, Jakob	Saucon Valley	6:16.00	9:21.34	

Boys 3200 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Garr, Cole	Palisades		10:52.31	5
2 Smith, Jeremy	Saucon Valley	11:13.00	11:23.81	3
3 Farese, Joe	Palisades		11:41.89	1
4 Carr, Jeremy	Palisades		11:49.52	
5 Thoman, Harry	Palisades		12:22.52	
6 Brucker, Joshua	Saucon Valley	13:08.00	12:52.02	
7 Boyd, Zach	Palisades		13:04.28	
8 Holland, Jacob	Saucon Valley	14:22.00	13:48.37	
9 Farese, Andy	Palisades		14:17.43	
10 Derr-Haverlach, Michael	Palisades		15:01.37	

Boys 110 Meter Hurdles

Name	School	Seed	Finals	Points
Finals				
1 Magan, Christopher	Saucon Valley	17.60	17.18	5
2 Weaver, Brendan	Saucon Valley	18.80	17.93	3

Palisades vs Saucon Valley - 4/3/2014

4/3/2014

Results

Finals ... (Boys 110 Meter Hurdles)

Name	School	Seed	Finals	Points
3 Rossi, Joe	Palisades		18.53	1
4 Naiburg, Joseph	Saucon Valley	19.22	19.40	
5 Debczek, Max	Palisades		20.28	
6 Woosnam, Evan	Palisades		21.34	

Boys 300 Meter Hurdles

Name	School	Seed	Finals	Points
Finals				
1 Magan, Christopher	Saucon Valley	45.20	45.20	5
2 Weaver, Brendan	Saucon Valley	46.50	48.50	3
3 Rossi, Joe	Palisades		48.90	1
4 Debczek, Max	Palisades		49.40	
5 Holub, Brandon	Saucon Valley	49.90	52.90	
6 Woosnam, Evan	Palisades		59.70	

Boys 4x100 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Palisades 1) Creighton, Michael	A 2) Krauss, Austin		46.31 4) Ramsden, Devin	5
2 Saucon Valley 1) Herbold, Steven	A 2) Barwick, Dillon	49.00	47.46 4) Blobe, Justin	
			3) Cashman, Tighe	
			3) Barwick, Justin	

Boys 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Palisades 1) Orecchio, Chase	A 2) Hayduk, Doug		3:50.20 4) Moyer, William	5
2 Saucon Valley 1) Pazzaglia, Giacomo	A 2) Pettegrew, Nicholas	3:54.00	4:00.90 4) Reichard, Zachary	
			3) Creighton, Michael	
			3) Cyphers, Patrick	

Boys 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Palisades 1) Farese, Joe	A 2) Hayduk, Doug		9:09.30 4) Orecchio, Chase	5
2 Saucon Valley 1) Pazzaglia, Giacomo	A 2) Evangelista, Nicholas	9:17.50	9:22.82 4) Fritzing, Nathan	
			3) Moyer, William	
			3) Fritzing, Zachary	

Boys High Jump

Name	School	Seed	Finals	Points
Finals				
1 Magan, Christopher	Saucon Valley	5-06.00	5-04.00	5
2 Ramsden, Devin	Palisades		J5-04.00	3
3 Danko, Jake	Palisades		J5-04.00	1
4 Pazzaglia, Giacomo	Saucon Valley	5-02.00	5-00.00	
4 Weaver, Brendan	Saucon Valley	5-00.00	5-00.00	
--- Kurtz, Nicolas	Saucon Valley		NH	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Boys Pole Vault**

	Name	School	Seed	Finals	Points
Finals					
1	Daniel, Maxwell	Saucon Valley	9-00.00	10-00.00	5
2	Gilmore, Jacob	Palisades		9-06.00	3
3	DeLong, Corey	Palisades		9-00.00	1
4	Barnes, Nate	Palisades		8-00.00	
---	Kurtz, Nicolas	Saucon Valley		NH	
---	Hashagen, William	Saucon Valley		NH	
---	McCormick, Cullen	Saucon Valley		NH	
---	Cody, Sean	Palisades		NH	
---	Farese, Andy	Palisades		NH	

Boys Long Jump

	Name	School	Seed	Finals	Points
Finals					
1	Culver, Evan	Saucon Valley		19-02.00	5
2	Krauss, Austin	Palisades		17-11.00	3
3	Herbold, Steven	Saucon Valley	17-00.50	17-04.00	1
4	Cashman, Tighe	Palisades		16-11.50	
5	Rossi, Joe	Palisades		15-06.00	
6	Schanzenbach, Erich	Saucon Valley	15-02.50	15-05.00	
7	Barnes, Nate	Palisades		13-11.50	
8	Marczyk, Viktor	Palisades		13-06.50	

Boys Triple Jump

	Name	School	Seed	Finals	Points
Finals					
1	Ramsden, Devin	Palisades		39-06.00	5
2	Magan, Christopher	Saucon Valley	35-10.25	36-09.00	3
3	Weaver, Brendan	Saucon Valley	34-02.50	34-11.00	1
4	Siley, Matthew	Palisades		34-06.00	
5	Herbold, Steven	Saucon Valley	36-01.00	33-10.50	
6	Schanzenbach, Erich	Saucon Valley	35-09.00	33-07.50	
7	Trippeda, Brandin	Palisades		32-05.50	
8	Swope, Nick	Palisades		32-04.00	
9	Gentner, Brian	Palisades		32-02.00	
10	Kurtz, Nicolas	Saucon Valley	29-03.00	29-06.50	

Boys Shot Put

	Name	School	Seed	Finals	Points
Finals					
1	Henry, Ben	Palisades		38-11.00	5
2	Turdo, Jason	Palisades		38-05.00	3
3	White, Cooper	Palisades		36-11.50	1
4	Blobe, Justin	Saucon Valley	36-03.00	34-02.00	
5	Schilling, Wyatt	Palisades		34-01.00	
6	Weideman, Christopher	Saucon Valley	33-01.00	32-11.00	
7	Hughes, Matt	Palisades		32-06.00	
8	Zuber, Ian	Saucon Valley	35-03.00	32-02.00	
9	Herbold, Steven	Saucon Valley	32-04.00	31-10.00	
10	Kuba, Jeremy	Saucon Valley	34-01.00	31-01.00	

Palisades vs Saucon Valley - 4/3/2014**4/3/2014****Results****Boys Discus Throw**

	Name	School	Seed	Finals	Points
Finals					
1	Turdo, Jason	Palisades		107-00	5
2	Rossi, Joe	Palisades		104-04	3
3	Henry, Ben	Palisades		99-11	1
4	DeSmet, Sean	Saucon Valley	95-03	98-07	
5	Zuber, Ian	Saucon Valley	99-01	97-04	
6	Danko, Jake	Palisades		91-10	
7	Kuba, Jeremy	Saucon Valley	85-01	83-06	
8	Vargas, Andrew	Saucon Valley	82-04	82-09	
9	Weideman, Christopher	Saucon Valley		82-02	
10	Musser, Ben	Palisades		75-06	
---	Brogle, Brandon	Saucon Valley	85-10	ND	

Boys Javelin Throw

	Name	School	Seed	Finals	Points
Finals					
1	Snyder, Jesse	Palisades		134-00	5
2	Trippeda, Brandin	Palisades		122-09	3
3	Hall, Daniel	Palisades		119-00	1
4	Schilling, Wyatt	Palisades		118-03	
5	Swope, Nick	Palisades		116-05	
6	Blobe, Justin	Saucon Valley	116-04	111-01	
7	Brogle, Brandon	Saucon Valley	96-04	99-11	
8	Kuba, Jeremy	Saucon Valley	94-05	95-11	
9	Weideman, Christopher	Saucon Valley	114-00	88-08	